



AQUATIC CENTRE FALL 2019 POOL SCHEDULE

September 15th - December 16th



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am							
7:00am							
7:30am	Adult Lane Swim* 6:30-9:15	Lane Swim* 6:30-9:15	Adult Lane Swim* 6:30-9:15	Lane Swim* 6:30-9:15	Adult Lane Swim* 6:30-9:15		
8:00am	(lap pool only)	(lap pool only)	(lap pool only)	(lap pool only)	(lap pool only)		
8:30am							
9:00am						Lessons 9:30-12:00	
9:30am	Parent & Tot 9:30-10:30		Parent & Tot 9:30-10:30		Parent & Tot 9:30-10:30		
10:00am	(leisure pool only)		(leisure pool only)		(leisure pool only)	AQX Aquafit 10:00-10:45	Parent & Tot 10:15-11:30am
10:30am							(leisure pool only)
11:00am	Gentle Ability Swim 10:45-11:45		Elder Swim 10:45-11:45	Female Only Swim 10:45-11:45	Gentle Ability Swim 10:45-11:45		
11:30am						Lane Swim* 11:15-12:30	Lane Swim* 11:30-12:30pm
12:00pm							
12:30pm	Lunch Hour Swim* 12:00-1:30	Adult Lane Swim* 12:00-1:30 (lap pool only)	Adult Lane Swim* 12:00-1:30	Adult Lane Swim* 12:00-1:30 (lap pool only)	Lunch Hour Swim* 12:00-1:30		
1:00pm						Family Swim 1:00-2:00	Family Swim 1:00-2:00
1:30pm							
2:00pm							
2:30pm							
3:00pm							Public Swim 2:30-4:00
3:30pm						Public Swim 3:00-5:00	
4:00pm		Public Swim 3:30-5:00 (lap pool only)	Public Swim 3:30-5:00 (lap pool only)	Public Swim 3:30-5:00 (lap pool only)	Public Swim 3:30-5:00 (lap pool only)		
4:30pm	Swimming Lessons 4:15-8:00						
5:00pm		Family Swim 5:15-6:15	Swimming Lessons 5:30-7:45	Family Swim 5:15-6:15		Iqaluit Breakers Swim Team 5:00-6:00	Family Swim 4:30-6:00
5:30pm					Family Swim 5:30-7:00		
6:00pm	Iqaluit Breakers Swim Team 6:00-7:00		Iqaluit Breakers Swim Team 6:00-7:00				Lifeguard Development 6:00-7:00
6:30pm							
7:00pm							
7:30pm	Aquafit AQX 7:15-8:00		Aquafit AQX 7:15-8:00				
8:00pm		Public Swim 7:30-8:30		Lessons 6:30-8:30		Public Swim 7:30-9:00	
8:30pm					***		
9:00pm			Adult Open Swim 8:15-9:45				
9:30pm		Adult Open Swim* 8:45-9:45		Adult Open Swim* 8:45-9:45			
10:00pm							

For more information contact:

975-8544 or aquaticcentre@iqaluit.ca

*Lane(s) will be available for lengths

***Every third Friday Teen Swim will be held from 7:30-9:30

Facility Hours:

Monday - Friday

Saturday

Sunday

6:30am - 10:00pm

9:00am-9:00pm

10:00am-8:00pm