



AQUATIC CENTRE SPRING 2019 AMENITIES & FEATURES SCHEDULE

April 8th - July 13th



		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:30am							Hot Tub & Sauna Available		6:30am	
7:00am							Hot Tub & Sauna Limited Availability		7:00am	
7:30am	Adult Lane Swim* 6:30-9:15 (lap pool only)	Adult Lane Swim* 6:30-9:15 (lap pool only)		AQX Aquafit* 6:45-7:30 (two lanes available)	Adult Lane Swim* 6:30-9:15 (lap pool only)	Adult Lane Swim* 6:30-9:15 (lap pool only)	Pool & Amenities Closed		7:30am	
8:00am							♦ Waterslide Available		8:00am	
8:30am				Adult Lane Swim* 6:30-9:15			*please note that amenity & feature availability may be subject to change at any time		8:30am	
9:00am							Lessons 9:30-12:00		9:00am	
9:30am	Parent & Tot 9:30-10:30 (leisure pool only)			Parent & Tot 9:30-10:30 (leisure pool only)		Parent & Tot 9:30-10:30 (leisure pool only)				9:30am
10:00am							AQX Aquafit 10:00-10:45	Parent & Tot 10:15-11:30am (leisure pool only)	10:00am	
10:30am										10:30am
11:00am	Gentle Ability Swim 10:45-11:45			Elder Swim 10:45-11:45	Female Only Swim 10:45-11:45	Gentle Ability Swim 10:45-11:45	Lane Swim* 11:15-12:30	Lane Swim* 11:30-12:30pm	11:00am	
11:30am										11:30am
12:00pm									12:00pm	
12:30pm	Lunch Hour Swim* 12:00-1:30	Adult Lane Swim* 12:00-1:30 (lap pool only)		Adult Lane Swim* 12:00-1:30	Adult Lane Swim* 12:00-1:30 (lap pool only)	Lunch Hour Swim* 12:00-1:30			12:30pm	
1:00pm				Aqua Jogging 12:15-12:45			Family Swim 1:00-2:00 ♦	Family Swim 1:00-2:00 ♦	1:00pm	
1:30pm										1:30pm
2:00pm									2:00pm	
2:30pm									2:30pm	
3:00pm									3:00pm	
3:30pm							Public Swim 3:00-5:00 ♦	Public Swim 3:00-4:30 ♦	3:30pm	
4:00pm		Public Swim 3:30-5:00 (lap pool only)		Swimming Lessons 4:00-7:00	Public Swim 3:30-5:00 (lap pool only)	Public Swim 3:30-5:00 (lap pool only)				4:00pm
4:30pm	Swimming Lessons 4:00-7:00								4:30pm	
5:00pm							Iqaluit Breakers Swim Team 5:00 - 6:00	Family Swim 5:00-6:30 ♦	5:00pm	
5:30pm	Iqaluit Breakers Swim Team 6:00-7:00	Family Swim 5:15-6:15		Iqaluit Breakers Swim Team 6:00-7:00	Family Swim 5:15-6:15	Family Swim 5:30-7:00				5:30pm
6:00pm							Lane Swim* 6:00 - 7:00	Lifeguard Skill Development 6:30 - 7:30	6:00pm	
6:30pm		AQX Aquafit 6:30-7:15			Aquafit AQX 6:30-7:15					6:30pm
7:00pm									7:00pm	
7:30pm									7:30pm	
8:00pm		Public Swim 7:30-8:30 ♦		Public Swim* 7:15-8:15 ♦	Lessons 6:30-8:30	Public Swim 7:30-9:00 ♦ ***			8:00pm	
8:30pm									8:30pm	
9:00pm				Adult Open Swim 8:15-9:45 ♦					9:00pm	
9:30pm		Adult Open Swim* 8:45-9:45 ♦			Adult Open Swim* 8:45-9:45 ♦				9:30pm	
10:00pm									10:00pm	

For more information contact:

975-8544 or aquaticcentre@city.iqaluit.nu.ca

*Lane(s) will be available for lengths

***Every third Friday Teen Swim will be held from 7:30-9:30

Facility Hours:

Monday - Friday

Saturday

Sunday

6:30am - 10:00pm

9:00am-9:00pm

10:00am-8:00pm