



AQUATIC CENTRE SPRING 2019 POOL SCHEDULE

April 8th - July 13th



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am							
7:00am							
7:30am	Adult Lane Swim* 6:30-9:15 (lap pool only)	Lane Swim* 6:30-9:15 (lap pool only)	AQX Aquafit* 6:45-7:30 (two lanes available) Adult Lane Swim* 6:30-9:15	Lane Swim* 6:30-9:15 (lap pool only)	Adult Lane Swim* 6:30-9:15 (lap pool only)		
8:00am							
8:30am							
9:00am						Lessons 9:30-12:00	
9:30am	Parent & Tot 9:30-10:30 (leisure pool only)		Parent & Tot 9:30-10:30 (leisure pool only)		Parent & Tot 9:30-10:30 (leisure pool only)		
10:00am						AQX Aquafit 10:00-10:45	Parent & Tot 10:15-11:30am (leisure pool only)
10:30am							
11:00am	Gentle Ability Swim 10:45-11:45		Elder Swim 10:45-11:45	Female Only Swim 10:45-11:45	Gentle Ability Swim 10:45-11:45	Lane Swim* 11:15-12:30	Lane Swim* 11:30-12:30pm
11:30am							
12:00pm							
12:30pm	Lunch Hour Swim* 12:00-1:30	Adult Lane Swim* 12:00-1:30 (lap pool only)	Adult Lane Swim* 12:00-1:30 Aqua Jogging 12:15-12:45	Adult Lane Swim* 12:00-1:30 (lap pool only)	Lunch Hour Swim* 12:00-1:30		
1:00pm						Family Swim 1:00-2:00	Family Swim 1:00-2:00
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm						Public Swim 3:00-5:00	Public Swim 3:00-4:30
4:00pm	Swimming Lessons 4:00-7:00	Public Swim 3:30-5:00 (lap pool only)	Swimming Lessons 4:00-7:00	Public Swim 3:30-5:00 (lap pool only)	Public Swim 3:30-5:00 (lap pool only)		
4:30pm						Iqaluit Breakers Swim Team 5:00 - 6:00	
5:00pm							
5:30pm	Iqaluit Breakers Swim Team 6:00-7:00	Family Swim 5:15-6:15	Iqaluit Breakers Swim Team 6:00-7:00	Family Swim 5:15-6:15	Family Swim 5:30-7:00		Family Swim 5:00-6:30
6:00pm							
6:30pm		AQX Aquafit 6:30-7:15		Aquafit AQX 6:30-7:15			
7:00pm							
7:30pm			Public Swim* 7:15-8:15	Lessons 6:30-8:30	Public Swim 7:30-9:00		
8:00pm		Public Swim 7:30-8:30					
8:30pm					***		
9:00pm			Adult Open Swim 8:15-9:45				
9:30pm		Adult Open Swim* 8:45-9:45		Adult Open Swim* 8:45-9:45			
10:00pm							

For more information contact:

975-8544 or aquaticcentre@city.iqaluit.nu.ca

*Lane(s) will be available for lengths

***Every third Friday Teen Swim will be held from 7:30-9:30

Facility Hours:

Monday - Friday

Saturday

Sunday

6:30am - 10:00pm

9:00am-9:00pm

10:00am-8:00pm