Iqaluit Aquatic Centre - Pool Schedule August 14 - August 31

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturdav	Sunday	1
6:30 am	Adult Lane Swim		Adult Lane Swim		Adult Lane Swim			6:30 am
7:00 am	6:30 -7:30		6:30 -7:30		6:30 -7:30			7:00 am
7:30 am								7:30 am
8:00 am							Sauna Hours	8:00 am
8:30 am							Weekdays: 9:30a - 1:30p	8:30 am
9:00 am							9.50a - 1.50p	9:00 am
9:30 am	Parent & Tot Swim	Adult Lane Swim	Parent & Tot Swim	Adult Lane Swim	Parent & Tot Swim		Evenings & Weekends:	9:30 am
10:00 am	9:30 - 10:30	9:30 - 10:30	9:30 - 10:30	9:30 - 10:30	9:30 - 10:30	Aquafit	Regular Swim Hours	10:00 am
10:30 am				Rehabiliation		10:00-10:45	Hot Tub:	10:30 am
11:00 am	Sensory Friendly Swim 10:45 - 11:45	Parent & Tot Swim	Elders Swim	Gentle Ability Swim			Open only during swims held in the lap	11:00 am
11:30 am	(Leisure Pool)	10:45 - 11:45	10:45 - 11:45	10:45 - 11:45 (Leisure Pool)			pool	11:30 am
12:00 pm								12:00 pm
12:30 pm	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim				12:30 pm
1:00 pm	12:00 - 1:30	12:00 - 1:30	12:00 - 1:30	12:00 - 1:30	Adult Lane Swim 11:30 - 2:30			1:00 pm
1:30 pm						Parent & Tot		1:30 pm
2:00 pm	Women-Only Swim	Youth & Up Lane Swim	Public Swim	Parent & Tot Swim		1:15 - 2:15	Adult Lane Swim 1:15 - 2:45	2:00 pm
2:30 pm	1:45 - 2:45	(13+) 1:45 - 2:45	1:45 - 2:45	1:45 - 2:45			1.15 - 2.45	2:30 pm
3:00 pm						Family Swim 2:30 - 3:30		3:00 pm
3:30 pm						2.30 - 3.30	Parent & Tot 3:00 - 4:00	3:30 pm
4:00 pm	Public swim	Public Swim	Public Swim	Public Swim	Public swim	Public Swim	3.00 - 4.00	4:00 pm
4:30 pm	3:45 - 4:45	3:45-4:45	3:45-4:45	3:45-4:45	3:45 - 4:45	3:45 - 4:45	Family Swim	4:30 pm
·							4:15 - 5:15	•
5:00 pm	Family Swim	Public Swim	Family Swim	Public Swim	Public Swim	Adult Open Swim		5:00 pm
5:30 pm	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00		5:30 pm
6:00 pm							Public Swim	6:00 pm
6:30 pm	Public Swim	Aquafit Family Swim	Public Swim	Family Swim	Family Swim	Adult Lane Swim	5:45 - 7:15	6:30 pm
7:00 pm	6:15 - 7:15	6:30 - 7:15	6:15 - 7:15	6:15 - 7:15	6:15 - 7:15	6:15 - 7:15		7:00 pm
7:30 pm	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim				7:30 pm
8:00 pm	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30	7:30 - 8:30				8:00 pm
8:30 pm						A™J<%>C Iqaluit RECREATION		8:30 pm
9:00 pm								9:00 pm
9:30 pm								9:30 pm